Case Studies

Common vulval conditions: all that itches is not thrush
A webinar for health professionals

Case Study 1 – Clare

• 42 years old
• itching 5-6 years duration
• discomfort with intercourse, splitting anteriorly & posteriorly
• external and vaginal application of antifungal + oral fluconazole (mild, short lived improvement)

Case Study 2 – Amal

• 26 years old, referred by a sexual counsellor
• 7/12 of vulvovaginal pain and “something feels blocked” with all attempts at intercourse since marriage. No prior partner.
• Well-educated woman, arrived in Australia shortly after her marriage
• Self-referred to the sexual counsellor
• No self-treatments or doctor consultation